

Recreation Reporter



Creating Community Through People, Parks and Programs

Fall 2006



LOVE SANTA PROGRAM



LOVE SANTA is a non-profit volunteer organization dedicated to providing food and gifts to families in need in the Woodburn community during the winter holidays. We have been providing this service for approximately 19 years. Our organization is available to the elderly as well as minorities and economically challenged families. WE FUNCTION ENTIRELY ON DONATIONS FROM CITIZENS AND BUSINESSES. We rely on food drives and donations to gather the non-perishable food items. We raise funds and conduct toy drives to provide one gift for each child under the age of 16. Monetary contributions are used to purchase items that we do not get through the donation process.

In addition to donations, we are also in the market for volunteers to help with our project. There are several ways that individuals and groups can volunteer their time. The first is to assist with our family sign-up sessions. Three sign-up sessions will be held for families to sign up to receive a food basket and toys for their children. All sessions will be held on Saturdays from 10:00 a.m. to 2:00 p.m. at Woodburn City Hall. The first sessions will be November 4th, followed by November 11th and November 18, 2006. The final sorting, wrapping and distribution day is set for the 3rd week in December (exact date will be published at a later date). We need volunteers to help sort the food, wrap the gifts for the children and put the food boxes together. Also, volunteers are needed to assist families through the process of picking up their food boxes and gift items.

We do our best to see that our food baskets contain enough food for a balanced and nutritional holiday meal. Your donation of food, toys and/or money to **Love, Santa** will help to ensure a hearty holiday dinner for those in need and a joyful holiday for children who might go without a gift if not for your generosity. **Love, Santa Inc is a 501© non-profit organization, making your donation tax deductible.**

Monetary donations can be sent to **Love, Santa Inc, PO Box 875, Woodburn, OR 97071**. Other donations can be dropped off at Woodburn City Hall, 270 Montgomery St, Finance Dept. For more information or to sign up to volunteer, please call Vee Ott at (503) 982-5215 or (503) 981-8057 or Nita Marr at (503) 982-2359. If you need someone to pick-up a donation, please call and we can make arrangements to do so.

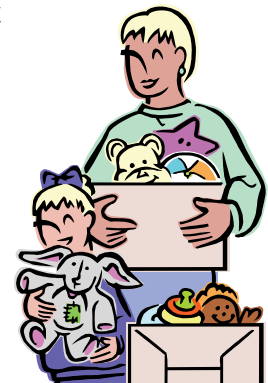
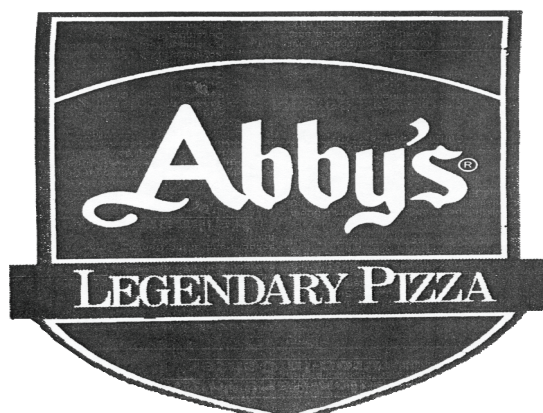


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PHOTO USEAGE

On occasion, the Woodburn Recreation & Parks staff may take photos of participants enrolled in recreation programs, events or people on Parks property. Please be aware that these photos are for Recreation and Parks use only and may be used in future catalogs, brochures, pamphlets and flyers.



Great Tasting Lunchmeat

Department Staff & Numbers

	982-5265
Paulette Zastoupil - Administrative Assistant & Facility Reservations	982-5264
Steve Patterson - Recreation Manager Recreation Division Offices 160 W. Cleveland St.	982-5266
Kathy Willcox - Aquatic Manager Woodburn Aquatic Center 190 Oak Street	982-5288
Sharon Shaver, Shelly Shook, Cindy Morrison Woodburn Aquatic Center Program Managers	981-SWIM
Dusky Steyaert Recreation Program Coordinator	982-5286
Settlemer Youth Center Middle School	982-5286
Legion Neighborhood Center High School	951-1821
Sue Fofana-Dura - RSVP Coordinator 160 W. Cleveland St.	982-5256
Program Information is Available in Spanish by calling Javier Perfecto	982-5285



Woodburn School District & Woodburn Recreation & Parks

Some Activities Include:

- | | | |
|-------------|---------|----------------|
| -Boy Scouts | -Crafts | -Cooking |
| -Chess | -Lego's | -Literacy |
| -Music | -Art | -Scrap Booking |
| -Dance | -Games | -Sign Language |
| -Wrestling | -Violin | -Guitar |

The After School Club is provided on school days. Hours are from 2:20 until 6:00 pm. Parents may pick up their child at anytime before 6:00pm.

Children who attend St. Luke's and Arthur Academy will be transported to the Washington Elementary School After School Club.

**Cost: \$100.00 for September to December
and \$100.00 for January to June.**

OR

\$175.00 for the year if paid in full between July 1 and September 1, 2006

Registration begins July 1, 2006.

You can register at the
Woodburn Aquatic Center
190 Oak Street, Woodburn

Or to Register with Credit or Debit Card Call 503-981-7946

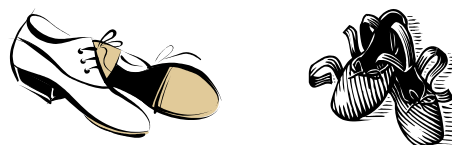


DANCE DANCE DANCE CLASSES—Classes start on Tuesday, September 5, 2006. Classes are held on Monday, Tuesday, Wednesday and Thursday are held at the Woodburn Church of Christ; Saturday Classes are held at the Lincoln Elementary School. See Class Fees Below. Register at the Woodburn Aquatic Center, 190 Oak St., 503-982-5288.

1 Class Per Week: \$7.00 Per Student Per Week	2 Classes Per Week: \$14.00 Per Student Per Week
3 Classes Per Week: \$18.00 Per Student Per Week	4 Classes Per Week: \$24.00 Per Student Per Week
5 Classes Per Week: \$30.00 Per Student Per Week	Production Classes: \$50.00 for all 12 Weeks
Tumble Classes: \$30.00 for 6 Weeks	

MONDAY CLASSES Classes start Monday, Sept. 11

4:00 PM Junior Advance Tap	
5:00 PM Junior Intermediate Tap	5:00 PM Lyrical
6:00 PM Adult Tap	6:00 PM Senior Advance Jazz



TUESDAY CLASSES Classes start Tuesday, Sept. 5

4:00 PM Beginning 6 to 9 Jazz	4:00 PM Beginning 4 to 5 Tap
5:00 PM NEW CLASS: Pre-Dance Team 10 & Up	5:00 PM 2nd Year 6 to 9 Tap
6:00 PM Junior Advance Jazz	6:00 PM Beginning Tap 10 and Up

WEDNESDAY CLASSES Classes start Wednesday, Sept. 6

4:00 PM NEW CLASS: Swing Time Juniors 8 to 11	4:00 PM Beginning 6 to 9 Tap
5:00 PM NEW CLASS: Swing Time Seniors 12 & Up	5:00 PM Junior Intermediate Tap (Happy Feet)
6:00 PM Senior Advance Tap	6:00 PM Senior Intermediate Tap



THURSDAY CLASSES Classes start Sept 7

4:00 PM Boys Dance Class	5:00 PM Junior Intermediate Jazz
6:00 PM Production	

SATURDAY CLASSES—Lincoln Elementary School Classes start Saturday, Sept. 9

9:00 AM Beginning Ballet 4 to 5 Years Old	9:00 to 9:45AM TUMBLING for 3 Year Olds
10:00 AM Beginning Ballet 6 to 9 Years Old	10:00 to 11AM TUMBLING for 4&5 Year Olds
11:00 AM Junior Intermediate Ballet	11:00 AM NEW CLASS: Pre Dance Team
12:15 PM Gymnastics for Dancers 8 Years & Up	

NEW CLASSES:

Swing Time: Partner dancing with a kick! Learn the steps and tricks of swing dancing. Partners are not necessary, but encouraged.

Gymnastics for Dancers: Enhance your dancing ability with Gymnastics, and learn the gymnastic moves that are popular in today's dancing styles. Stretches, strengthens, and increases your flexibility.

Pre Dance Team: An introduction to Dance Team—Jazz, Hip-Hop, & Gymnastics will get you ready for Middle School Dance Team! No experience needed. This class is for 9 years & older and will meet 2 times per week (\$48.00 Per Month)



YOUTH SOCCER 2006

Soccer is one of the best sports to introduce children to organized team sports, and we provide a recreational soccer program for youth! We will host a series of clinics followed by games. The main purpose of this program is to allow children to have fun playing soccer, and to teach the fundamentals of the sport without the pressure of winning or losing.

Registration

July 1 -Sept. 1 Register at Aquatic Center
Soccer Program Starts September 9, 2006

Fees

\$30.00 per player

Leagues

Kindergarten -Coed
1st-2nd Boys & Girls
3rd-4th Boys & Girls
5th-6th Boys & Girls

Games

Weekend games will be played at Centennial Park. Clinics and game schedules will be announced. Players will receive a practice schedule before the season begins.



Registration Deadline:
Friday, September 1
Register at the
Woodburn Aquatic Center

Coach's Corner

Coaches Needed for Youth Sports

Coaching team sports can be a rewarding and fulfilling experience, for the kids and for the coach. The Recreation and Parks Department is always in need of caring adults who can teach the fundamentals of a sport and serve as positive role models for kids.

Youth Soccer Coaches Training:

August 31, 2006 at 7:00 p.m. at
Settlemier Park.

Youth Basketball Coaches Training:

Youth Basketball Coaches training will be held in December; Date, Time, and Location will be announced.

For more info about Coaching Youth Soccer & Basketball, call the Recreation & Parks Department at 503-982-5266

Youth Baseball Coaches Registration:

For more information about coaching Youth Baseball, contact Chris Mason, Woodburn Youth Baseball Association for more information at 503-871-0463

Youth Basketball



Recreation and Parks Youth Basketball 2007

This is a purely **recreational** basketball program designed to introduce children to the game and to competitive team sports. We will host a series of clinics followed by games. The main purpose of this program is to allow children to learn the fundamentals of the sport without the pressure of winning or losing.

Registration

January 5 Registration Deadline

Register at Aquatic Center 6:00 am to 8:30 pm
Mon-Fri, 1:00-5:00 Sat & Sun.

January 15, 2007 Recreation and Parks Basketball Program Starts

Fees

\$30.00 per player

Leagues

Kindergarten -Coed
1st-2nd Boys & Girls
3rd-4th Boys & Girls
5th-6th Boys & Girls

Games

Clinics and game dates,
times and locations will
be announced.



**Registration Deadline:
Friday, January 5**

Woodburn Junior Basketball Association Basketball Season 2007

The Woodburn Junior Basketball Association (Formerly AAU Basketball) provides a competitive basketball program for youth. This league involves tournament play and team travel, and is appropriate for aspiring athletes who want to take their game to the next level.

Try-Outs and Season Fees will be announced.
Look for try-outs the week of October 16, 2006
at the Woodburn High School Gym.

Games and Season:

The season starts in November and ends in late February. Practices, games and tournament schedules will be provided by each team coach.

For More Information:

For more information about WJBA, contact
Joel Dunn, 503-982-4204, or Karen Stone 503-
951-1018.



**Get off the Bench
and into the Game!**

Adult Basketball League

Season 1:

Oct. 8- Dec. 11

**3 Men's Leagues
and**

**1 Women's League
(Limit: 8 Teams per League)**

**8 Game Season plus SINGLE
Elimination Tournament!!**

Cost: \$325.00 per Team

**Registration Deadline:
September 30, 2006**

Season 2:

Jan 14-March 18

**3 Men's Leagues
and**

**1 Women's League
(Limit: 8 Teams per League)**

**10 Game Season plus DOUBLE
Elimination Tournament!!**

Cost: \$575.00 per Team

**Registration Deadline:
January 6, 2007**



**1st, 2nd and 3rd prizes
will be awarded. Champi-
ons will get shirts and
one MVP award.**

**Games will be Sundays,
Mondays and some
Saturdays. Schedules
to be announced.**

**For more information,
please call 503-982-5266**





The Woodburn Youth Baseball Association says *Thanks!* To all of their 2006 season sponsors...

Cougar Enterprises, Inc, 1301 Cooley Road, Woodburn
Legacy Financial Management, 1393 Meridian Drive, Suite 2, Woodburn
Woodburn Radiator and Glass, Inc., 375 N. First Street, Woodburn
Taylor Motorcycles Inc., 2140 N. Pacific Highway, Woodburn
Withers Lumber, 245 Young Street, Woodburn
Farm Fab Inc., 13848 Portland Road NE, Woodburn
Woodburn Nursery & Azaleas, 11796 Monitor McKee Rd., Woodburn
Willamette Turf, Inc., 8624 Wabash Drive, Gervais
Wilco, Mt. Angel
Shari's Restaurant, North Park Plaza, Woodburn
Hallmark Properties, Inc., 745 Glatt Circle, Woodburn
Hillyer Mid-City Ford, 3000 Hillyer Lane, Woodburn
Arby's Restaurant, 275 Arney Road, Woodburn
The End Zone, 980 N. Pacific Highway, Woodburn
Burger King, 855 Lawson Avenue, Woodburn
Burger King, 1445 N. Pacific Highway, Woodburn
Hubbard Chevrolet, 2937 G Street, Woodburn
Bowman Family Dental, 1393 Meridian Drive, Woodburn
Brown Insurance Agency, 979 Young Street, Woodburn
Abby's Legendary Pizza, 1215 N. Pacific Highway, Woodburn
Allen B. Kerr, DMD, 979-C Young Street, Woodburn
Vigilan Corporation, Wilsonville
Sun Retirement Corp., Salem
McDonald's, 2910 Newberg Highway, Woodburn
McDonald's, 12999 N. Pacific Highway, Woodburn
Covanta Marion Inc., Brooks
Soul's Harbor Church of the Nazarine, 3601 Newberg Highway, Woodburn
Wolfer's Heating, 290 Young Street, Woodburn
Denny's Woodburn, 2919 Newberg Highway, Woodburn
Valley Rolling, 310 Broadway Street, Woodburn
D.C. Doors, 518 N. Pacific Highway, Woodburn
Woodburn Garage Door, 1325 Alther Street, Woodburn
Lenon Implement Co., N. Pacific Highway, Woodburn
Advanced RV, 11154 Portland, Brooks
Specialty Polymers Inc., 2765 National Way, Woodburn
Walt Roberts Construction, Hubbard
Fessler Nursery Co., 12666 Monitor McKee Road, Woodburn
Oregon Pacific Construction, Inc., 180 S. Pacific Highway, Woodburn
Foto Magic, 1083 N. Pacific Highway, Woodburn
Long Bros. Building Supply, 195 S. Birdseye Avenue, Woodburn
Woodburn Fertilizer, 868 N. Front Street, Woodburn
M&M Towing, 947 S. Pacific Highway Woodburn

Community Events



El Grito De Independencia

Mexican Independence Day

Experience the music, food, and festivities of the Mexican Independence! Celebrated at the **Downtown Plaza on Saturday and Sunday, September 16**



2006 Mayor's Tree Lighting



**Sunday,
December 3rd,
6:30pm at the
Downtown Plaza**

Adult Programs



Adult Drop-In Volleyball



Adult Drop-In Volleyball

Sundays, from 8:30 a.m. to 12:30 p.m.

Commons of the French Prairie Middle School

Cost: \$2.00 per player

Active Adult Trips

Mt. Angel Oktoberfest

Date: Thursday, September 14, 2006

Cost: \$6.00 for transportation.

Time: Leave Settlemier Park at 10:30 a.m.

Return to Settlemier Park at 4 p.m.

Location: Mt. Angel, Oregon

Minimum: 6 Max: 12 participants.

We will attend Opening Day of Oktoberfest and enjoy the food and fun, especially the Alpine Food Booths. There is a lot of walking, so be sure to wear comfortable shoes. There are plenty of places to sit and enjoy the entertainment.



Maryhill Arts Festival

Date: Saturday, September 16, 2006

Cost: \$6.00 for transportation.

Time: Leaves Settlemier Park at 9 a.m.

Returns to Settlemier Park at 6 p.m.

Location: Goldendale, Washington.

Minimum 6 Max: 12 participants.

While visiting the Maryhill Museum of Art, you will see the work of more than 50 artists including paintings, sculptures, glass, photography, and more. You will also have the opportunity to purchase some art. Maryhill Museum of Art is located in Goldendale, Washington, overlooking the Columbia River. Exhibits and Galleries Native American Tribal displays, Sam Hil Gallery, Queen Marie Gallery, Auguste Rodin Gallery and much more.

Admission to the Arts Festival is FREE, and (optional) admission to the Museum of Art is \$6.00 per person.

Concessions are also available for sale at the museum.



More Active Adult Trips



Salem Farmer's Market

Date: Wednesday September 27, 2006

Cost: \$8.00 for transportation & admission.

Time: Leaves Settlemier Park at 10am

Returns to Settlemier Park at 2:30 p.m.

Location: Salem, Chemeketa St. NE

Minimum: 6 Max: 12 participants.



Located in the heart of the Willamette Valley, Salem Farmer's Market consist of vendors who specialize in everything from baked bread to beaded jewelry, from organic produce to beautiful fresh cut flowers to gorgeous plants. Shoppers will also enjoy the great selection of unique gifts made by local artists, fresh delicious on-site prepared food and live entertainment. All grown, created, baked by the vendor selling it!!!

Pack a lunch if desired!



Winter Wonderland

Date: Tuesday, November 28, 2006

Cost: \$8 for transportation and admission

Time: Leave Settlemier Park at 4pm.

Return to Settlemier Park at 8pm

Location: Portland International Raceway

Minimum: 6 Max: 12 participants.



Bi-Mart Winter Wonderland: Lights and animation (40 scenes) spanning the entire length of the racetrack at Portland International Raceway. View from the warmth of your car.

Bring snacks if desired!!

Refund Policy & Transportation

Refund Policy for Active Adult Trips

- * Refunds are only given if the event is canceled.
- * You must cancel your registration at least 48 hours in advance to be eligible for a credit.
- * Credit for canceling will only be given if someone from the waiting list takes your place.
- * In respect to our waiting list customers, registrations are non-transferable.
- * Transportation will be either by passenger van or bus.

World's Largest Holiday Bazaar

Date: December 1, 2006

Cost: \$6.00 for transportation,
bring \$6.50 for admission

Time: Leave Settlemier Park at 10:00am,
Return at 4pm

Location: Portland Expo Center

Register at the Woodburn Aquatic Center

190 Oak St. 503-982-5288

Mon-Fri 6:00 am-8:30 pm; Sat & Sun 1:00-4:30 pm Payment must be made when registration is made.

**Active Adults -
Our 55 & over Crowd**



Woodburn Memorial Aquatic Center

981-SWIM



FEES

For all of our aquatic programs, residents are considered those who live within the city limits of Woodburn. All children under 6 years old must have an adult in the water with them at all times, even in the wading pool!

Category	Age	Daily Admission		Punch Card (20)		Annual Pass	
		Res.	Non-Res.	Res.	Non-Res.	Res.	Non-Res.
Infant	0-2 years	FREE	FREE	FREE	FREE	FREE	FREE
Child	3-12 years	\$2.00	\$2.50	\$38.00	\$47.50	\$200	\$250
Youth	13-18 years	\$2.50	\$3.00	\$47.50	\$57.00	\$250	\$300
Adult	19-54 years	\$3.00	\$3.50	\$57.00	\$66.50	\$300	\$350
Honored Citizens	55 +	\$2.50	\$3.00	\$47.50	\$57.00	\$250	\$300
Household Pass	See Below	Fees subject to change					

Three-Month Pass

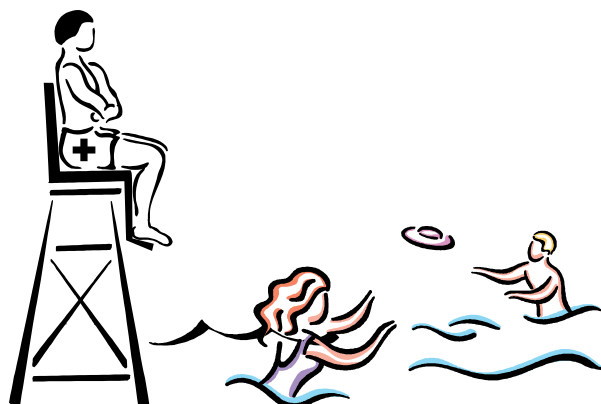
	Resident	Non-Res.
Child 3-12	\$55.00	\$65.00
Youth 13-18	\$65.00	\$80.00
Adult 19-54	\$80.00	\$93.00
Honored Citizen	\$65.00	\$80.00
Household pass same formula as to the left.		

Group Discounts

For groups of 20 or more, we will give a 10% discount on the total charge of admission, provided the total amount is paid in one transaction.

Miscellaneous Charges

Locker Rentals - Large.....	\$1.00
Locker Rentals - Small	\$.75
Towel Rentals	\$1.00



Household Three-Month/Annual Pass

All members must live at the same address under the same roof.

Calculation: First Member-100% of the highest fee. Second Member-50% of the second highest fee. Three or more members-25% of the next highest fee. Adults are a minimum of 50% of the highest fee.

Proof of Residency: Required for the purchase of an annual pass, punch card, or program registration. One of the following must be shown as proof of residency: recent utility bill, rental contract, voter registration, car registration. A driver's license will not be accepted as proof of residency.

Hours of Operation

(Subject to Change)

Monday-Friday	5:30 am-9:00 pm
Saturday & Sunday	1:00 pm-5:00 pm

FACILITY CLOSED FOR ANNUAL MAINTENANCE OCT 22 TO NOV 5

Special Holiday Hours (Open & Lap Swim Only)

Labor Day	Sept. 4	1:00 pm-4:00 pm
Thanksgiving	Nov. 23	Closed
Christmas Eve	Dec. 24	Closed
Christmas Day	Dec. 25	Closed
New Years Eve	Dec. 31	Closed
New Years Day	Jan. 1	Closed



Aquatic Center Rules

Facility Rules

- Swimmers are allowed in the pools only when a lifeguard is on deck.
- All swimmers must wear swim suits. Please no metal buckles, rivets, or snaps. No cut-offs.
- Swimmers under six years of age must have an adult in the water within an arms reach at all times.
- Non-swimmers must wear a lifejacket or stay where they can stand up.
- Please shower before entering the pool.
- Please walk at all times.
- Pushing, dunking, horseplay, or other dangerous play will not be allowed.
- Swimmers may not sit on each others shoulders.
- The safest way to jump into a pool is feet first while facing the pool. Shallow areas are marked "no diving". Please ask a lifeguard for the appropriate areas for diving. We will not allow any flips or backward entries into the pool.
- Please keep food, drink, and glass items out of the Aquatic Center.
- Swimmers who are not toilet trained must wear a swim diaper. Available for purchase at front desk.
- If you have diarrhea, please do not use the pool.
- Immuno-compromised individuals should use caution when using a public pool.
- Please do not chew gum in the facility.
- No smoking in the facility or on facility grounds.
- We encourage a friendly environment, therefore, profanity, vulgar remarks, or disrespectful comments may result in expulsion from the facility.
- Water and alcohol are never a good combination. Persons under the influence of alcohol will not be allowed to use the facility.
- Animals are not allowed in the facility. (Guide dogs accepted)
- Please use the bike rack to secure your bike.
- Kickboards, fins, and pull buoys for use by adult lap swimmers only.

Spa and Sauna Rules

- Spa and sauna use limited to people ages fourteen (14) and over.
- Pregnant women or people on medications should seek physician guidance before using the spa/sauna.
- We recommend you drink plenty of fluids while using the spa or sauna.
- Please limit your use to ten minutes. The spa is 104 degrees; the saunas are 180 or more.
- The maximum amount of people allowed in the spa at a time is 10.

Slide and Rope Rules

- Wait for guards signal, before using the slide or rope.
- Patrons should only travel feet first on the slide.
- Weight limit per person is 300 pounds.
- No pushing, shoving, or saving places in line.
- Swim suits need to be free of zippers, rivets or any material that could scratch the slide.
- Swing straight out on the rope and release at the farthest point.
- One person at a time on the platform.

Aquatic Center Staff Have The Authority To Enforce All The Rules

Pool Schedule



Pool Schedule Effective September 5– December 31, 2006

Schedule is subject to change

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
5:30 am	C L O S E D	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	C L O S E D	
6:00 am		Lap Swim is available from 5:30 am to 3:30 pm and 6:00 pm to 9:00 pm						
7:00 am		Sr./Adult Swim 7 am to 1pm Monday thru Friday						
8:00 am		Aquarobics	Water Wellness	Aquarobics	Water Wellness	Aquarobics		Parent-Tot Swim
9:00 am		Deep Water	Arthritis Class Swim Lessons	Deep Water	Arthritis Class Swim Lessons	Deep Water		
10:00 am		Water Wellness		Water Wellness		Water Wellness		
11:00 am		Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		
12:00 pm								
1:00 pm	O P E N SWIM 1-5	School Lessons	School Lessons	School Lessons	School Lessons	O P E N SWIM 1-5		
2:00 pm		Open Swim From 1 pm To 3:30 pm Weekdays						
3:00 pm								
4:00 pm		WHS Water Polo & Swim Team Practice Monday through Friday 3:30-5:00 pm	Barracuda Swim Team practice Monday through Friday 3:30-6 pm					
5:00 pm		Swim Lessons Monday through Thursday 5:00-7:00 pm						
6:00 pm	Rentals/ Parties and General Fun	Aquarobics	Aquarobics	Aquarobics	Aquarobics	Family Swim	Rentals/ Parties and General Fun	
7:00 pm		OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM		
8:00 pm		Family Night**						
9:00 pm								

Lap Swim- At least 2 lanes available 5:30 am to 3:30 pm & 6:00 pm to 9:00 pm weekdays and 1:00 pm to 5:00 pm on Saturdays and Sundays for those over 14 years of age who can swim laps.

Open Swim - Play and swim time for all ages. Children under 6 must have an adult in the water with them at all times, even in the wading pool. The pool will close at 9:00 pm on week nights.

Adult/Senior Swim - Open to adults 19 and older for exercise and swimming.

Family Swim- Children 18 and younger must have an adult in the water with them.

Family Night-** Load up the van and head on down to the Pool. Bring in the whole family for \$7.50. (Tuesday and Friday nights)

Parent-Tot Swim- Play swim time for parents and their children that are under the age of 6, in the wading pool. 11:00 am to 12:30 pm Friday.

Schedule is subject to change/Please check our website for the most current information



Aquatic Center Information

PERSONNEL

All personnel who supervise the activities at our Aquatic Center hold Red Cross certifications which qualify them for their positions. The staff is responsible for the safe operation of the facility and wishes you to have a safe, enjoyable time. We strive to provide a clean, healthful facility and therefore annual closures are required for cleaning and major repairs.

Annual Maintenance Shut Down Will Be October 22 Through November 5. Reopening on November 6.

SWIMMING ATTIRE

Guests are asked to wear proper swimming attire: swim trunks or hemmed shorts that are above the knee for boys and men, and swimsuits for girls and women. Please do not wear: belts, denim or un-hemmed shorts in the pools. We do not loan out items. Infants and toddlers who are not toilet trained must wear special swim diapers. Please, no regular cloth or disposable diapers! Swim diapers are available at the front desk.

LOCKER ROOMS

Everyone must take a cleansing shower before entering the pool. Children ages 6 and up must use the locker room of their own gender. Two family changing rooms are available. You may rent a locker, bring your own lock, or put your items out on the pool deck. It is recommended that you lock up your belongings. Especially anything valuable. The Aquatic Center is not responsible for lost or stolen items. If you do lose an item while at the Aquatic Center check at the front desk to see if it has been turned into our lost & found.

SPA AND SAUNAS

For health and safety reasons, children under the age of 14 are not allowed in the saunas or spa. Pregnant women and those people with medical issues need to check with their physicians before using the spa or sauna.

Birthday Party Rentals

Have the pool all to yourself and your guests.

Package includes:

1 hour in the pool,

1 hour in the lobby,

Birthday cake for up to 25 guests.

Cost-\$150

**Saturdays, 10:30am-12:30 pm; or
5:30-7:30 pm.**

Sundays 5:30-7:30 pm.

**Call 981-SWIM to reserve
your date!**

POOL RENTALS

The pool is available for rental before 12:30 pm and after 5:30 pm on Saturdays, and after 5:30 pm on Sundays. Rentals are taken with a minimum of 10 days notice and 50% rental fee paid when the date is reserved. Pool toys may be brought in by the rental group. All pool rules apply to rentals. Lifeguards are on duty during pool rentals. Call 981-SWIM to check if a date is available. Lobby use not included.

# of Swimmers	Cost per hour	
	Residents	Non-Residents
1-50	\$125/hour	\$150/hour
51-100	\$175/hour	\$200/hour
101-150	\$225/hour	\$250/hour
151-200	\$275/hour	\$300/hour

Swimming Lessons



Group Lessons

Fall swimming lessons are offered 2 days per week for 3 weeks. Registration is taken at the Aquatic Center Monday-Friday, 6:00 am-8:00 pm and Saturdays and Sundays 1:00 pm-5:00 pm. To register for swimming lessons, parents may come into the Aquatic Center or call and register by phone using a Visa or MasterCard. Fees must be paid when registering for classes.

Group Lesson Fees

Residents	\$22.50 per session (6 lessons)
Non-Residents	\$26.25 per session (6 lessons)

If a session is cut short due to a holiday, fees will be pro-rated.

Private & Semi Private Lessons

In addition to group lessons, we also have private and semi-private instruction for ages 3 years and above. Staffing and scheduling are dependant upon instructor and pool availability. If you are interested in private or semi-private lessons, please contact Sharon at 503-981-SWIM.

Private Lesson Fees

Private Lessons (1 person)

Residents	\$80 for 4 30-min. lessons
Non-Residents	\$100 for 4 30-min. lessons

Semi-Private (2 persons of similar age & ability)

Residents	\$120 for 4 30-min. lessons
Non-residents	\$150 for 4 30-min. lessons

Schedules are subject to change.

Refund/Credit Policy

- No make-ups for classes missed.
- Refunds granted only for classes canceled due to lack of enrollment.
- Credit given to those with written excuse from a physician. Credits good for a 6-month period and can be used for any Recreation program.
- Transfers to a following session must be approved by the Program Supervisor.
- No credit or refund issued for those children who refuse to go with an instructor into the group swimming lessons. Please be sure your child is ready for lessons.

About our Swimming Lessons...

All of our swimming instructors are certified Red Cross Water Safety Instructors. Ratios of students to instructors are 4-1 for children under 5 years and 6-1 for Levels I-VI and Adults. Many of our classes will have instructor aides, to allow 1-2 more children in a class. All classes are held in the main pool. The purpose of our program is to teach your child good swimming skills and water safety. Children must pass all required skills for the current level before moving up to the next level. Parents may watch lessons from the bleachers by the wading pool or from the lobby.

If your child is under the age of 6 we ask that you stay in the facility during their lesson time.

Parents of beginning swimmers should be sure your child will go in the main pool with an instructor. If your child is hesitant to go to another adult, they may not be ready for group swimming lessons. Help your child become acquainted with the facility by bringing them to open or family swim times before signing them up for lessons.

**Take the Plunge,
Learn to Swim!**





Swimming Lessons

Youth Class Descriptions

The descriptions below are the requirements to enter a particular level or class.

Parent-Tot Children ages 6 months- 3 yrs and one or both parents. Water orientation, games & skills are a part of this class.

Preschool Children ages 3-5 years. This class is for the child who is just starting our swimming program. Please be sure your child will willingly go with an instructor without you.

Puddle Jumpers Ages 3-5 years. Children should be able to submerge completely while holding their breath for a minimum of 3 seconds, as well as float on front and back with help.

Puddle Jumpers II Ages 3-5 years. Children should be able to float on front and back without help, and swim to the instructor with face in the water.

Polliwogs Ages 4-5 years. Children should be able to swim 5 yds on front and back with alternating arms and good kicking. Must have instructor approval to register for this class.



Level I Ages 6-13. Beginning level for the school-aged child who is not comfortable in the water.

Level II Ages 6-13 able to submerge completely while holding their breath for 3 seconds, and float on front and back without assistance.

Level III Children must be able to swim 10 yards on front and back with alternating arms and a good flutter kick, and be comfortable in deep water.

Level IV Children must be able to swim 10 yards front crawl with side breathing, back crawl and know dolphin kick. Children who pass this level may wish to join the Woodburn Barracuda Swim Team.

Level V Children must be able to swim 25 yds each of front and back crawl & butterfly, and know breaststroke, sidestroke, elementary backstroke kicks.

Level VI Children must be able to swim 50 yds each of front and back crawl, and 25 yds of breaststroke, butterfly and sidestroke.

Adult Lessons Whether you are scared to death or just want to improve your strokes, our instructors can help. We need three people to run a class, so get some friends together and call 981-7946 to get going.

FEES: Residents \$24.75 Non-Residents \$28.50 for six 45-minutes lessons.

Call 981-7946 for more information.

Swimming Lessons



SESSION I SEPTEMBER 11—SEPTEMBER 28
REGISTRATION STARTS AUGUST 15
MON. & WED. OR TUE. & THUR. CLASSES
6 CLASSES, 3 WEEKS

CLASS	DAYS AND TIMES	R / NR FEE
Parent-Tot	M & W 11:00 am-11:30 am	\$22.50 / \$26.25
Parent-Tot	T & Th 6:15 pm-6:45 pm	\$22.50 / \$26.25
Preschool	M & W 11:00 am-11:30 am	\$22.50 / \$26.25
Preschool	M & W 11:30 am –12:00 pm	\$22.50 / \$26.25
Preschool	T & Th 11:30 am-12:00 pm	\$22.50 / \$26.25
Preschool	T & Th 5:40 pm-6:10 pm	\$22.50 / \$26.25
Puddle Jumpers	M & W 11:30 am-12:00 pm	\$22.50 / \$26.25
Puddle Jumpers	T & Th 11:30 am-12:00 pm	\$22.50 / \$26.25
Puddle Jumpers	T & Th 5:40 pm-6:10 pm	\$22.50 / \$26.25
PJ II	M & W 12:00 pm-12:30 pm	\$22.50 / \$26.25
PJ II	T & Th 12:00 pm-12:30 pm	\$22.50 / \$26.25
PJ II	T & Th 5:40 pm-6:10 pm	\$22.50 / \$26.25
Polliwogs	M & W 12:00 pm-12:30 pm	\$22.50 / \$26.25
Polliwogs	T & Th 12:00 pm-12:30 pm	\$22.50 / \$26.25
Polliwogs	T & Th 5:40 pm-6:10 pm	\$22.50 / \$26.25
Level I	T & Th 10:00 am-10:30 am	\$22.50 / \$26.25
Level I	T & Th 5:05 pm-5:35 pm	\$22.50 / \$26.25
Level II	T & Th 10:00 am-10:30 am	\$22.50 / \$26.25
Level II	T & Th 5:05 pm-5:35 pm	\$22.50 / \$26.25
Level III	T & Th 10:00 am-10:30 am	\$22.50 / \$26.25
Level III	T & Th 5:05 pm-5:35 pm	\$22.50 / \$26.25
Level IV A & B	T & Th 10:30 am-11:15 am	\$22.50 / \$26.25
Level IV A & B	T & Th 6:15 pm-7:00 pm	\$22.50 / \$26.25
Level V	T & Th 10:30 am-11:15 am	\$22.50 / \$26.25
Level VI	T & Th 10:30 am-11:15 am	\$22.50 / \$26.25

SESSION II OCTOBER 2—OCTOBER 19
REGISTRATION STARTS AUGUST 15
MON. & WED. OR TUE. & THUR. CLASSES
6 CLASSES, 3 WEEKS

CLASS	DAYS AND TIMES	R / NR FEE
Preschool	M & W 11:00 am-11:30 am	\$22.50 / \$26.25
Preschool	M & W 11:30 am –12:00	\$22.50 / \$26.25
Preschool	T & Th 11:30 am-12:00 pm	\$22.50 / \$26.25
Preschool	T & Th 5:40 pm-6:10 pm	\$22.50 / \$26.25
Puddle Jumpers	M & W 11:30 am-12:00 pm	\$22.50 / \$26.25
Puddle Jumpers	T & Th 11:30 am-12:00 pm	\$22.50 / \$26.25
Puddle Jumpers	T & Th 5:40 pm-6:10 pm	\$22.50 / \$26.25
PJ II	M & W 12:00 pm-12:30 pm	\$22.50 / \$26.25
PJ II	T & Th 12:00 pm-12:30 pm	\$22.50 / \$26.25
PJ II	T & Th 5:40 pm-6:10 pm	\$22.50 / \$26.25
Polliwogs	M & W 12:00 pm-12:30 pm	\$22.50 / \$26.25
Polliwogs	T & Th 12:00 pm-12:30 pm	\$22.50 / \$26.25
Polliwogs	T & Th 5:40 pm-6:10 pm	\$22.50 / \$26.25
Level I	T & Th 10:00 am-10:30 am	\$22.50 / \$26.25
Level I	T & Th 5:05 pm-5:35 pm	\$22.50 / \$26.25
Level II	T & Th 10:00 am-10:30 am	\$22.50 / \$26.25
Level II	T & Th 5:05 pm-5:35 pm	\$22.50 / \$26.25
Level III	T & Th 10:00 am-10:30 am	\$22.50 / \$26.25
Level III	T & Th 5:05 pm-5:35 pm	\$22.50 / \$26.25
Level IV A & B	T & Th 10:30 am-11:15 am	\$22.50 / \$26.25
Level IV A & B	T & Th 6:15 pm-7:00 pm	\$22.50 / \$26.25
Pool School	T & Th 10:30 am-11:15 am	\$22.50 / \$26.25
Level V	T & Th 6:15 pm-7:00 pm	\$22.50 / \$26.25
Level VI	T & Th 6:15 pm-7:00 pm	\$22.50 / \$26.25





Swimming Lessons

SESSION III NOVEMBER 6—NOVEMBER 22
REGISTRATION STARTS AUGUST 15
MON. & WED. OR TUE. & THUR. CLASSES
6 CLASSES, 3 WEEKS
(No class on Nov. 23)

CLASS	DAYS AND TIMES	R / NR FEE
Parent-Tot	M & W 11:00 am-11:30 am	\$22.50 / \$26.25
Parent-Tot	M & W 6:15 pm-6:45 pm	\$22.50 / \$26.25
Preschool	M & W 11:00 am-11:30 am	\$22.50 / \$26.25
Preschool	M & W 11:30 am-12:00 pm	\$22.50 / \$26.25
Preschool	T & Th 11:30 am-12:00 pm	\$18.75 / \$21.88
Preschool	M & W 5:40 pm-6:10 pm	\$22.50 / \$26.25
Puddle Jumpers	M & W 11:30 am-12:00 pm	\$22.50 / \$26.25
Puddle Jumpers	T & Th 11:30 am-12:00 pm	\$18.75 / \$21.88
Puddle Jumpers	M & W 5:40 pm-6:10 pm	\$22.50 / \$26.25
PJ II	M & W 12:00 pm-12:30 pm	\$22.50 / \$26.25
PJ II	T & Th 12:00 pm-12:30 pm	\$18.75 / \$21.88
PJ II	M & W 5:40 pm-6:10 pm	\$22.50 / \$26.25
Polliwogs	M & W 12:00 pm-12:30 pm	\$22.50 / \$26.25
Polliwogs	T & Th 12:00 pm-12:30 pm	\$18.75 / \$21.88
Polliwogs	M & W 5:40 pm-6:10 pm	\$22.50 / \$26.25
Level I	T & Th 10:00 am-10:30 am	\$18.75 / \$21.88
Level I	M & W 5:05 pm-5:35 pm	\$22.50 / \$26.25
Level II	T & Th 10:00 am-10:30 am	\$18.75 / \$21.88
Level II	M & W 5:05 pm-5:35 pm	\$22.50 / \$26.25
Level III	T & Th 10:00 am-10:30 am	\$18.75 / \$21.88
Level III	M & W 5:05 pm-5:35 pm	\$22.50 / \$26.25
Level IV A & B	T & Th 10:30 am-11:15 am	\$18.75 / \$21.88
Level IV A & B	M & W 6:15-7:00 pm	\$22.50 / \$26.25
Level V	T & Th 10:30 am-11:15 am	\$18.75 / \$21.88
Level VI	T & Th 10:30 am-11:15 am	\$18.75 / \$21.88

SESSION IV NOVEMBER 27—DECEMBER 14
REGISTRATION STARTS AUGUST 15
MON. & WED. OR TUE. & THUR. CLASSES
6 CLASSES, 3 WEEKS

CLASS	DAYS AND TIMES	R / NR FEE
Preschool	M & W 11:00 am-11:30 am	\$22.50 / \$26.25
Preschool	M & W 11:30 am-12:00 pm	\$22.50 / \$26.25
Preschool	T & Th 11:30 am-12:00 pm	\$22.50 / \$26.25
Preschool	M & W 5:40 pm-6:10 pm	\$22.50 / \$26.25
Puddle Jumpers	M & W 11:30 am-12:00 pm	\$22.50 / \$26.25
Puddle Jumpers	T & Th 11:30 am-12:00 pm	\$22.50 / \$26.25
Puddle Jumpers	M & W 5:40 pm-6:10 pm	\$22.50 / \$26.25
PJ II	M & W 12:00 pm-12:30 pm	\$22.50 / \$26.25
PJ II	T & Th 12:00 pm-12:30 pm	\$22.50 / \$26.25
PJ II	M & W 5:40 pm-6:10 pm	\$22.50 / \$26.25
Polliwogs	M & W 12:00 pm-12:30 pm	\$22.50 / \$26.25
Polliwogs	T & Th 12:00 pm-12:30 pm	\$22.50 / \$26.25
Polliwogs	M & W 5:05 pm-5:35 pm	\$22.50 / \$26.25
Level I	T & Th 10:00 am-10:30 am	\$22.50 / \$26.25
Level I	M & W 5:05 pm-5:35 pm	\$22.50 / \$26.25
Level II	T & Th 10:00 am-10:30 am	\$22.50 / \$26.25
Level II	M & W 5:05 pm-5:35 pm	\$22.50 / \$26.25
Level III	T & Th 10:00 am-10:30 am	\$22.50 / \$26.25
Level III	M & W 5:05 pm-5:35 pm	\$22.50 / \$26.25
Level IV A & B	T & Th 10:30 am-11:15 am	\$22.50 / \$26.25
Level IV A & B	M & W 6:15 pm-7:00 pm	\$22.50 / \$26.25
Pool School	T & Th 10:30 am-11:15 am	\$22.50 / \$26.25
Level V	M & W 6:15 pm-7:00 pm	\$22.50 / \$26.25
Level VI	M & W 6:15 pm-7:00 pm	\$22.50 / \$26.25



Special Interest Programs



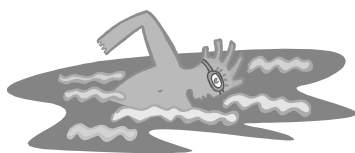
Kids Triathlon

For kids ages 5-12, this fun, exciting event is sure to be a winner. Every child will receive a t-shirt, and other prizes. The event will be held at the Woodburn Aquatic Center and surrounding area. Each child needs to be able to swim 25 yards without stopping, and own or be able to borrow a bike and helmet.

FEE: \$20 if registered by August 26 \$25 if registered August 26-September 9.
You must register by August 26 to guarantee a t-shirt on race day. Those who register after August 26 may have to pick up their t-shirt after race day. Register at Woodburn Aquatic Center.

DATE: Saturday, September 9

TIME: 10:00 am 9-12 year olds 50 yard swim, 2 mile bike, 1/2 mile run.
10:30 am 5-8 year olds 25 yard swim, 1 mile bike, 1/4 mile run.



Pool School

This class is for Level V and VI students (ages 9-15) and will include many different water activities. Students will participate in swimming; mask, fins, and snorkel; water polo; kayaking; lifeguard readiness and water fitness. Class will be held on Tuesday and Thursday, 10:30-11:15 am.

FEE: \$45-Residents \$50.00-Non-Residents

DATES: October 2-October 26, 2006 or November 27-December 21, 2006



Red Cross Lifeguard Training

This Red Cross course focuses on the job of a lifeguard in a swimming pool environment. The class will emphasize surveillance, victim recognition and equipment-based rescues. The class includes first aid, CPR, AED and oxygen delivery.

PREREQUISITES

Class members must be at least 15 years old and must be able to swim 500 yards of front crawl and breaststroke on the first day of class.

FEE: \$125 - Residents \$135 - Non residents

DATES: Session I August 21-August 25,
Monday-Friday 8:30 am-3:30 pm

Session II December 26-December 30.
Tuesday-Saturday 8:30 am-3:30 pm



Review Course: For those whose certification is about to expire, take this 12 hour review course, and get recertified.

Dates: Dec. 29 & 30, times to be announced.

Fee: \$75 for Lifeguard Training
\$50 for CPR/PR only

Call 503-981-5288 for times & to register.



Water Fitness Programs

Aquarobics

Energize yourself with this invigorating workout! This fat-burning fitness workout incorporates muscular, cardiovascular and aerobic conditioning. Exercise includes rhythmic activities, muscle strengthening, toning and having fun!

Deep Water Fitness

A combination of high intensity and no-impact aerobics designed for those who want to work hard and have fun. Participants exercise using buoyant and resistant equipment to provide an excellent no-impact cardiovascular workout. Participants should be comfortable in deep water.

Water Wellness

This shallow water class focuses on improving circulation, strength, range of motion, and flexibility through low-impact exercise and walking. This class moves at a more leisurely pace than the aquarobics or deep water fitness classes. Enjoy the rewards of working out in a safe and effective exercise program without getting your hair wet!

Arthritis Aquatic Class

The Arthritis Foundation Aquatic Program (AFAP) is a recreational series of gentle activities in the pool and is open to anyone with arthritis. The program is designed to help relieve the pain and stiffness caused by arthritis while providing a fun, social opportunity. It is not necessary to know how to swim. Trained personnel conduct sessions.

Water Workout Schedule

	Mon	Tues	Wed	Thur	Fri
Aqua-robics	8-9 am 6-7 pm	6-7 pm	8-9 am 6-7 pm	6-7 pm	8-9 am
Deep Water	8-9 am		8-9 am		8-9 am
Water Wellness	9:15-10:15 am	8-8:45am	9:15-10:15 am	8-8:45 am	9:15-10:15 am
Arthritis Aquatics		9:30-10:15 am		9:30-10:15 am	

Water Fitness Instructors

Our Instructors are certified through the Aquatics Exercise Association, the United States Water Fitness Association and the Arthritis Foundation. In addition they are certified in CPR.

SCHEDULE IS SUBJECT TO CHANGE



Woodburn Barracuda Swim Team



WOODBURN BARRACUDAS

Come join the exciting experience of belonging to a swim team. WBST is growing and looking for all levels of swimmers, who want to learn all 4 strokes, turns, and starts while getting in awesome shape. We offer a program for everyone ages 4-99 who can swim 25 yards (one length of the pool) of either freestyle and/or backstroke. Our coaching staff offers one of the best training programs in the state. The Woodburn Memorial Aquatic Center is also one of the best pools in Oregon in which to practice and race. WBST's athlete dues are one of the lowest in the state due to parent/swimmers fundraising efforts. We also give you the opportunity to race against swimmers of your own age at meets and practice. So come and learn the life-long sport of swimming with us while having fun!

Adults come and swim with our Master's swimming program for adults ages 19-99.

Come out and see the Barracudas on November 18 & 19 as they swim against other clubs in their home meet at the Woodburn Aquatic Center. The meet starts at 8:30 am.

For more information, please call:

Coach John Zell

503-982-2302

Or e-mail questions to:

CoachZell@WBST.org

www.wbst.org

RSVP...A Bridge Between Those Who Need and Those Who Give

Corporation for
**NATIONAL &
COMMUNITY
SERVICE** 



The Retired Senior Volunteer Program (RSVP) helps individuals age 55 and older use their life skills and experiences to aid their communities. RSVP volunteers serve as many hours as they wish, from just a few to quite a lot! Volunteers choose how, when, and how much to serve. They help fill community needs and services. Often retirees feel a lack of productivity when they no longer have a regular job or schedule. RSVP helps seniors stay active. Studies show that seniors who volunteer live longer, healthier, and more fulfilling lives.

Marion County's RSVP program is administered by the Corporation for National and Community Service, and is sponsored by the City of Woodburn. The program has been in place for over thirty years. By becoming a member of RSVP, you are entitled to supplemental personal and auto liability insurance, orientation and training, and participation in recognition events. Volunteers also receive a monthly newsletter with current volunteer opportunities, interesting articles, and local activities.

This year we are pleased to announce an addition to our staff. We will have a full time VISTA volunteer beginning in September. The volunteer comes to us through the national AmeriCorp*VISTA program. This volunteer will be working on the Baby Boomer project, which is a statewide RSVP project.

RSVP is a cost-effective way to solve critical needs in education, public safety, human needs, and the environment. For more information about volunteering, please call **Susan Fofana-Dura at 503-982-5255.**

**Woodburn Recreation and Parks
City of Woodburn
160 W. Cleveland Street
Woodburn, OR. 97071**

**PRE-SORT STANDARD
U.S. POSTAGE PAID
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